

IT'S TRUE, NOT JUST COSMETIC

ARDINGLY resident Cheryl Robertson is one of the authors of a new book about cosmetic ingredients.

Published last Monday, the book contains an A-Z list of the most common ingredients of skin care products, with a plain-English translation of what the pseudo-scientific jargon really means.

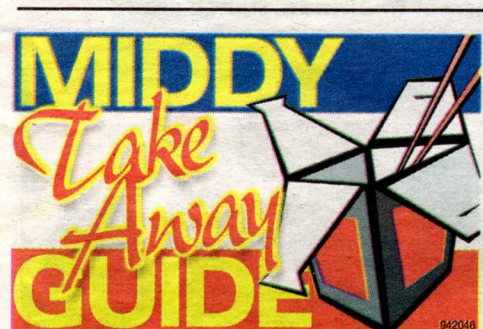
It also provides an insight into the truth behind cosmetic tests on animals, and also about

so-called 'natural' cosmetic products – the use of clever marketing techniques by the cosmetic industry.

The book, entitled: "Cosmetic Watch", (available from Sussex Stationers), was written in conjunction with cosmetic specialist Maurene Charlwood of Shalford, Surrey.

Cheryl was born in Bulawayo, Southern Rhodesia (now Zimbabwe). Her first introduction to the world of skin care cosmetics came on the farms of Nyamandlovu (meaning meat of the elephant). There she used the udder grease that the milkers at the dairy used to protect their hands as a sun tanning lotion. She says, "We didn't think or even know of UV A/UVB protectors nor SPF factors then!"

Cheryl has spent her life travelling the world, picking up hints and tips on exotic skin care preparations from the tropical rainforests of Africa to Johannesburg (where she worked as Features Reporter for The Star newspaper), Israel, Egypt, Greece, Malaysia, Switzerland, South Africa and, of course, jolly old England! Among the preparations she discovered in Malaysia were the use of cabbage leaves for alleviating mastitis and onion for the pain of haemorrhoids – she is quick to point out, however, that the onion should never be used whole!




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